



Nurse Practitioner Healthcare Foundation

Improving Health Status and Quality of Care through Nurse Practitioner Innovations

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Nurse Practitioner Healthcare Foundation and City Lore Announce Innovative E-Learning Courses Using the Arts to Teach Cultural Competency to the Healthcare Team

Bellevue, WA (December 15, 2019) – In a novel approach to cultural competency training, the Nurse Practitioner Healthcare Foundation (NPHF) and City Lore (CL), in collaboration with the Interstate Postgraduate Medical Association (IPMA), have developed two arts-centered e-Learning courses for improving healthcare providers’ ability to offer culturally sensitive care to diverse populations. Using illustrations from music, sculpture, painting, poetry, dance, hip-hop, and other art forms, and stories from folklorists of varying cultural backgrounds, the courses are designed to raise awareness of the need to employ cultural sensitivity in care delivery, and provide a practical “how to” set of guides.

The program, **From Heritage to Health: An Arts Centered Approach to Cultural Competence**, includes two e-Learning Courses. Course #1, *Concepts of Culturally Sensitive Care* focuses on the underlying concepts of culturally sensitive care: cultural humility, knowledge of various cultures, narrative competency, and structural competency or system “savvy.” Concepts are presented in a compelling way, with videoclips, images, and stories that enliven and inspire the content.

The second course, *Welcoming Patients to Your Practice*, highlights the key skills needed to reach out and engage patients in their care in a sensitive manner. Respect and rapport, eye contact, accepting faith-based beliefs, appropriate touch, active listening, and avoiding ethnocentric responses are all highlighted through the artists’ lenses and works.

The courses are designed to meet the learning needs of the entire healthcare team. Continuing education credit is available for nurses, nurse practitioners, physicians, physician assistants. Other learners will receive a Certificate of Completion for each course.

To access the courses, go to:

Course #1: <https://www.mycme.com/heritage-to-health-concepts-of-culturally-sensitive-care/activity/6142/>

Course #2: <https://www.mycme.com/heritage-to-health--welcoming-patients-to-your-practice/activity/6193/>

The Nurse Practitioner Healthcare Foundation is dedicated to contributing to excellence in care through quality interprofessional education, practice, health policy, service and philanthropy. The NPHF is a nonprofit, charitable organization. www.nphealthcarefoundation.org

City Lore is also a non-profit charitable organization dedicated to fostering America’s living cultural heritage through education and public programs. City Lore seeks to further cultural equity in four cultural domains: urban folklore and history; preservation; arts education; and grassroots poetry traditions.

The non-profit Interstate Postgraduate Medical Association provides physician education that positively affects patient care. IPMA emphasizes thorough needs assessment, quality faculty, relevant topics, and in-depth outcomes measurement of physician performance.

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